



The Our 45th Anniversary! 1965 - 2010 Sauk Scout

Vol. XVVX, No. 9 Sauk Valley Community College Office of Marketing & PR September 24, 2010

SVCC BOARD TO MEET

The SVCC Board of Trustees will meet at 7 p.m. on Monday, September 27, in the Board Room.

FOUNDATION TO MEET

The Sauk Valley College Foundation will meet at 7:30 a.m. on Tuesday, September 28, in Room 2K2.

WEIGHT WATCHERS GROUP TO START

A new session of Weight Watchers at Work begins at 4:30 p.m. on Monday, October 4, in the Library Conference Room. The group has lost more than 176 pounds to date. If you are interested in Weight Watchers or would like more information, call Jane Verbout at ext. 293 or email: verbouj@svcc.edu. Fifteen members are needed to keep the group active.

'MIDNIGHT MADNESS' RETURNS SEPT. 30

Midnight Madness returns! Join us at midnight on Thursday, September 30, as we kick off the basketball practice season. Watch both Skyhawk teams for the first time and enjoy games, giveaways, and T-shirt specials. And, Sauk will again host its Alumni Basketball Game on Saturday, October 30. This year, alumni from the '60s, '70s and '00s take on alumni from the '80s and '90s. Afterward, the Skyhawks will play an intrasquad game to prepare for the Sauk Valley Classic on November 5 and 6.

BILLS REMINDER

For the next two weeks, submit bills or bill inquiries to Nancy Breed or Robin Jackson in the Business Office.

RAD TECH INFORMATION MEETING SET

There will be a Rad Tech Information Meeting at 4:30 p.m. on Tuesday, September 28, in Room 2E8A.

UPCOMING MEETINGS

- **President's Cabinet**, 9 a.m., Tuesday, September 28, Board Room.
- **Single Parent Committee**, 10 a.m., Wednesday, September 29, Board Room.
- **Nursing Faculty Meeting**, 12:15 p.m., Friday, October 1, Library Conference Room.

COLLEGE & UNIVERSITY REPRESENTATIVES ON CAMPUS

- **National-Louis University**, 10 a.m. to noon and 4 to 6 p.m., Tuesday, September 28, West Mall.

PERSONAL & PROFESSIONAL DEVELOPMENT

PPD Classes Continue

Personal and Professional Development courses that will be offered October 2-10 will include:

- **File Management**, 8 a.m. to noon, Saturday, October 2, Room 3K2. Cost: \$40. Instructor: Troy Spangler.
- **Intermediate Tai Chi**, 8:30 to 9:30 a.m., Saturday, October 2, Traditional Wellness Center, 221 W. First, Dixon. Cost: \$50. Instructor: Triong Khuntanga.
- **Nia**, 5:30 to 6:45 p.m., Saturday, October 2, Traditional Wellness Center, 221 W. First, Dixon. Cost: \$45. Instructor: Nicole Miller.
- **Thai Boxing**, 5:30 to 7 p.m., Saturday, October 2, Muay Thai Academy, 221 W. First, Dixon. Cost: \$50. Instructor: Triong Khuntanga.
- **Excel-Level 1**, 5:30 to 9:30 p.m., Monday, October 4, Room 3K2. Cost: \$85. Instructor: Troy Spangler.
- **Beginning Ballroom Dance**, 6 to 7 p.m., Monday, October 4, Room 2H1. Cost: \$80. Instructor: Julie Dale.
- **Wedding & Event Planning Certification**, 6 to 8:30 p.m., Monday, October 4, Room 2D15. Cost: \$795. Instructor: Wedding Planning Institute.
- **Ancient Yoga Stretching**, 6:30 to 8 p.m., Monday, October 4, Traditional Wellness Center, 221 W. First, Dixon. Cost: \$50. Instructor: Triong Khuntanga.
- **Intermediate Ballroom Dance**, 7:15 to 8:15 p.m., Monday, October 4, Room 2H1. Cost: \$80. Instructor: Julie Dale.
- **Office Skills for the Workplace**, 8 a.m. to 4:30 p.m., Tuesday, October 5, Room 3K2. Cost: \$95. Instructor: Marcy Lawrence.
- **Nia**, 5:30 to 6:45 p.m., Tuesday, October 5, Traditional Wellness Center, 221 W. First St., Dixon. Cost: \$45. Instructor: Nicole Miller.
- **Financial Workshop**, 6 to 7:30 p.m., Tuesday, October 5, Room 2H6. Cost: \$45. Instructor: Chad Weigle.
- **Meditation & Breathing Therapy**, 7 to 8 p.m., Tuesday, October 5, Traditional Wellness Center, 221 W. First, Dixon. Cost: \$35. Instructor: Triong Khuntanga.
- **PowerPoint-Level 1**, 12:30 to 5:30 p.m., Wednesday, October 6, Room 3K2. Cost: \$65. Instructor: Marcy Lawrence.
- **Thai Boxing**, 5 to 6:30 p.m., Wednesday, October 6, Muay Thai Academy, 221 W. First, Dixon. Cost: \$50. Instructor: Triong Khuntanga.
- **Ewe Can Spin!** 7 to 9 p.m., Wednesday, October 6, Room 2K9A. Cost: \$40. Instructor: Cynthia Muller.
- **Beginning Tai Chi**, 8:30 to 9:30 a.m., Thursday, October 7, Traditional Wellness Center, 221 W. First, Dixon. Cost: \$35. Instructor: Triong Khuntanga.
- **Secret Societies & Ancient Religions**, 6 to 9 p.m., Thursday, October 7, Room 2K9A. Cost: \$100. Instructor: Craig Tompkins.

The Sauk **Scout**

The Sauk Scout, the weekly in-house newsletter of Sauk Valley Community College, is published weekly during the fall and spring semesters and bi-monthly during the summer.

Deadlines to submit items for publication:

- 3 p.m. on Wednesdays (fall and spring).
- Noon on Tuesdays (summer).

Submit items for publication via e-mail or hardcopy to **Brian Olmsted**, coordinator of Public Relations, ext. 219, or e-mail olmsteb@svcc.edu; or **Sandi Krause**, administrative assistant Information Center, ext. 385, e-mail krauses@svcc.edu

IT TALK

Tech Show and Tell

Faculty and staff will demonstrate various technologies being used at Sauk including the iPod Touch and digital pens for recording audio and handwriting at 12:30 p.m. on Monday, October 11, at TBA .

Tech Tip - How To Take a Picture of Your Screen

Do you want to show someone else exactly what is being displayed on your computer screen? Perhaps your computer is going a little crazy and you want to show the IS staff what is happening. Or maybe you want to share with students exactly what their screen should look like while doing a computer activity. You can easily take a "screen shot" of your screen by pressing the Print Screen key. On some keyboards (especially laptops), you may need to press Ctrl or Alt at the same time as Print Screen. This will copy a picture of your screen to the clipboard. Open a Word document and press Ctrl V to paste the picture into the document. Save and send.

Teaching Tip - Revised Bloom's Taxonomy

In 1956, Benjamin Bloom identified six categories of intellectual activity. These categories were updated in the 1990s by Lorin Anderson, a former student of Bloom. In order of increasing difficulty, the categories are: remembering, understanding, applying, analyzing, evaluating, and creating. Students need practice doing activities in all levels of Bloom's Taxonomy. Look at Bloom's Taxonomy when creating assignments and assessments for your course content.

ADMINISTRATIVE NIGHT DUTY

Monday, September 27 - Dr. Mary Lou Kidder

Tuesday, September 28 - Virginia Johnson

Wednesday, September 29 - Cyrus Kooshesh

Thursday, September 30 - Luis Moreno

SKYHAWK SPORTS

Cross-country

Saturday, September 25	11 a.m.(women) Noon (men)	Vs. Beloit College at Beloit, WI
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Volleyball

Tuesday, September 28	6 p.m.	Vs. Black Hawk at Moline
Wednesday, September 29	6 p.m.	Vs. Kishwaukee at Malta
Thursday, September 30	6 p.m.	Vs. Ashford University JV at HOME

CAMPUS SAFETY AND SECURITY

Incidents at Northern Illinois University and Virginia Tech have taught us that a campus shooter could attack anytime, anywhere.

Concerned About a Student or Staff Member?

While most attackers never threatened their targets prior to the attack, in many cases, others knew about the attacker's plan in advance. If you hear rumors of a potential shooting, or see signs of behavior that suggests a student or staff member is a threat to him or herself or others, call Sauk's Crisis Assistance Team (CAT). Call the counseling office at ext. 208 and say you need to speak to a counselor about an emergency. Explain your concerns to the counselor and they will respond appropriately. Shooters are well-planned, adaptable, mobile, and ruthless.

What to do if there is a Gunman or Active Shooter?

- Protect yourself and as many others as you can.
- Seek immediate shelter if you hear shots or are warned of a gunman on campus.
- Call the switchboard operator at "0" or call 911 to report seeing a gunman or shooter.
- Sauk will go into lockdown to protect everyone in the building.
- Lock yourself in a room; DO NOT answer the door.
- Barricade the door, turn off the lights, stay away from windows by the door, and keep quiet.
- Phone 911 if you hear shots.
- Wait for an "all clear" signal from the Lee County Sheriff's Department before opening the door.
- If you escape outdoors, hide behind a car, a tree, or some other large object.

What Happens When Police Arrive?

A report of a gunman or shooter on campus will trigger an immediate police response. Depending on their location when the call is received, police may arrive in as little as three minutes. Arriving officers will enter the building without backup. If you encounter a police officer, show your open hands to demonstrate that you are unarmed and pose no risk. Do not shake hands or ask questions. The officers' sole purpose is to find and eliminate the risk.

The FOUR OUTS to a Lockdown

If you have to make a choice, remember the FOUR OUTS:

1. Get out (Have an escape plan and use it).
2. Hide out (Get out of sight and stay hidden).
3. Break out (Escape if and when the opportunity presents itself).
4. Take out (Fight the gunman).

There is no single best way of responding to a gunman/shooter on campus. Each of the FOUR OUTS presents opportunities and risks. In a gunman/shooter situation, use your head and think your way to safety.

Things You Can Do Now

- Be vigilant; be aware of suspicious activity
- Identify escape routes and potential "safe spots"
- Report suspicious behaviors or rumors of planned violence to the Crisis Assistance Team (CAT)

If you have questions or comments regarding this or any other security or emergency procedure, call Tom Gospodarczyk at ext. 402, or e-mail: gospodt@svcc.edu