

**Sauk Valley Community College
October 23, 2023**

Action Item 4.6

Topic: Temporary Faculty Appointment – Psychology and Sociology

Mission: Sauk Valley Community College is dedicated to teaching and scholarship while engaging the community in lifelong learning, public service, and economic development.

Presented by: Drs. David Hellmich and Jon Mandrell

Presentation:

Dr. James Wright will be retiring on January 1, 2024, and Dr. Shelley Barkley has accepted a position at John Wood Community College. In order to offer the scheduled sociology and psychology courses, the administration recommends a temporary full-time instructor be hired for the 2024 spring semester.

Academic background: Audrey Smith is a graduate of Aurora University with a Master's degree in Social Work and a graduate of Walden University with a Master of Science degree in Psychology.

Professional background: Audrey is employed at Lutheran Social Services of Illinois as a Licensed Social Worker. She has worked at Sauk Valley Community College as an Adjunct Psychology Instructor since 2017 and is currently on a temporary faculty appointment.

Recommendation:

The administration recommends the Board approve the temporary employment of Audrey Smith for the 2024 spring semester as a Psychology instructor starting January 16, 2024 at a salary of \$30,574.52 for the semester.

Audrey E. Smith, M.S., LSW, CYMHS
Psychology Instructor
Curriculum Vitae

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EDUCATION:

2021-2023

Aurora University
Aurora, IL
MSW in Social Work May 2023
Completed Internship and Practicum: Received
LSW Certification

2016-2017

Walden University
Minneapolis, Minnesota
M.S. in Psychology August 2017
Thesis: *Perfectionism and the Need for Achievement
in Relation to Disordered Eating in the Collegiate
Male Athlete Population*

2014-2016

Waldorf College
Forest City, Iowa
B.A. in Psychology, received January 2016

PROFESSIONAL EXPERIENCE:

Lutheran Social Services of Illinois - Sterling, IL
August 2021 to Present

- * Provide clinical screenings and assessments for treatment needs of children and adolescents referred by medical, counseling, security, or other community agencies
- * In the absence of a Clinical Psychologist, provide clinical supervision in the event of a crisis.
- * Provide crisis intervention counseling, brief therapy, and group therapy as indicated for children and adolescents in need, both in office and in the community.
- * Provide consultation on mental health issues to colleagues, community agencies, non profits, and their staff in an effort to expand quality of care in rural areas.
- * Maintain required documentation on all mental health contacts to include submission of a monthly summary report to the agency Director for review

* Where applicable, provide psychological services for those children and adolescents who need to be transferred to Mental Health facilities.

November 2019- April 2020
Career Advisor- Education Outreach Program
Regional Office of Education #47
Sterling, IL

*Design, create, write, and teach curriculum for community employment readiness courses. Assist individuals with job development skills by creating and hosting career readiness courses such as career exploration and education pathways, interviewing, how to navigate the hiring process and soft skills reviews. Create and maintain professional relationships in an effort to partner with businesses and agencies to support a combined mission and learning opportunities for area students. Write contracts for business and agency partnerships in accordance to WIOA requirements, while staying within grant guidelines. Provide consistent support, retraining, and follow-up for students in community employment.

July 2018-July 2019
Community Employment Coordinator
Kreider Services
Dixon, IL

*Design, create, write, and teach curriculum for community employment readiness courses and assist clients with varying physical and intellectual abilities with job development skills by assisting clients in job applications, interviewing, and the hiring process.

TEACHING EXPERIENCE:

June 2017-Current
Adjunct Faculty, Sauk Valley Community College

*Course development and instruction for introductory psychology and child developmental psychology for a diverse community college population.

*Instruct two sections of Introductory Psychology, one section of Child Developmental Psychology, and one section of Lifespan Psychology each academic semester; created quizzes and homework assignments; developed lectures to cover relevant topics in psychology; created final exam; graded all student course work and kept grade book; held regular office hours to provide individual assistance to students.

*Course development and instruction for a dual-credit introductory psychology class at a local high school

*Supervisors: Amy Jakobsen, Ph.D., and Shelley Barkley, Ed.D.
Sauk Valley Community College
Dixon, IL

August 2019- Current
Adjunct Faculty, Kishwaukee College

*Course development and instruction for introductory psychology and child developmental psychology for a diverse community college population.

*Instruct one section of Introductory Psychology and one section of Educational Psychology, and one section of Lifespan Psychology each academic semester; created quizzes and homework assignments; developed lectures to cover relevant topics in psychology; created final exam; graded all student course work and kept grade book; held regular office hours to provide individual assistance to students.

*Supervisors: Judson Curry, Dean of Instruction
Kishwaukee College
Dixon, IL

PROFESSIONAL DEVELOPMENT SEMINARS:

July 2023

4th Annual Kids Summit

*The Self-Protective System of Children with Complex Trauma: Removing Barriers to Treatment with EMDR, Play Therapy & More! - Ana Gomez, MC, LPC

* Getting Parents on Board: Facilitating Effective Family Therapy with Difficult Parents,-Dafna Lender, LCSW

*Youth Suicide Intervention: New Strategies & Proven Techniques to Assess and Address Suicidal Ideation, Intent, Plans, and Behaviors- Tony Sheppard, PsyD, CGP, FAGPA

*Break the Cycle of Intergenerational Trauma: Comprehensive Assessment, Tailored Interventions, and Empowered Understanding- Mariel Buqué, PhD

*Anxious & Stressed-Out Kids: Strategies to Overcome Negative Thinking, Intrusive Thoughts and Emotional Dysregulation- Katie Hurley DSW, LCSW

*Therapeutic Improvisation: The Brain's Playground for Problem-Solving Anxiety-Related Disorders- Niel King, LCSW, CHT

*Divorce and Children: Practical Strategies for Keeping Kids at the Center (Not in the Middle) of Parental Separation- Christina McGee, MSW

* Attachment Repair and Relationship Restoration: Treatment Techniques for Freeing the Wounded Child- Eboni Webb, PsyD, HSP

May 2023

2nd Annual Play Therapy Summit-Innovative Interventions to Meet the Needs of Young Clients
PESI Online Live Workshop

* Polyvagal and Play Therapy: Inside Out Approaches for Sensory & Somatic Regulation- Dora Henderson, LMHC-S, RPT-S, CST

* Parents as Partners in TraumaPlay™: Growing Safe Bosses, Nurturers, and Storykeepers- Paris Goodyear-Brown, LCSW, RPT-S

* LEGO®, Pop Culture, Sandtray & Expressive Arts: Increase Engagement, Gain Greater Emotional Awareness, & Flexibility in Kids- Sophia Ansari, LPCC, RPT

- * Interoceptive Awareness in the Playroom: Setting the Stage for Successful Co Regulation-Lisa Dion, LPC, RPT-S
- * Nature-Based Play Therapy: A Multi-Sensory Experience to Treat Trauma & Promote Resilience in Kids- Janet Courtney, PhD, LCSW, RPT-S
- * Play Therapy and Suicidal Ideation: Practical Tools to Reduce Stress & Anxiety in Young Clients- Heather Fairlee Denbrough, LICSW, RPT-S

February 2019

26th Annual Midwest Institute for Students and Teachers of Psychology

College of DuPage, Glen Ellyn, Illinois

- * Thinking Smart in Post Truth Age
- * “Why Don’t They Learn?!” Overcoming Misinformation and Resistance to Change in Education

March 2017

24th Annual Midwest Institute for Students and Teachers of Psychology

College of DuPage, Glen Ellyn, Illinois

- * Psychologists Writing Textbooks: The Art and Science of Their Craft, Laura Berk, Illinois State University
- * Psychology Contiguous Goals: Helping Students in “Learning-to-Learn” and “Learning-to-Care”
- * Does Metacognitive Awareness Improve Student Learning?

SELECTED ADMINISTRATIVE EXPERIENCE:

2019-present

Scholarship Review Committee

- *Work with fellow committee members to score submitted scholarship essays or references giving scores on content, development, grammar, and general ranking for student submissions to SVCC foundation scholarships.

2017-Current

Organizational Planning & Improvement Committee (OPIC)

- *Identified ways to measure key indicators of success at SVCC. Use background in psychological assessment and statistics to provide feedback on advantages and limitations of potential measures.

2018-Current

Faculty Advisor for Phi Theta Kappa

- *Coordinated meetings, bought supplies, facilitated fundraising, academic, and service projects, provided letters of reference, facilitated scholarship applications, booked and attended the international conference with students. Completed 5 star advisor training and assist in completion of Honors in Action bi-annual service project for national competition.

2017-Current

Faculty Advisor for Psych Club

*Facilitated meetings and assisted with planning and coordination of annual events such as attending M.I.S.T.O.P. and Kreider Services Halloween Costume Judging. Planned and coordinated speakers in relation to careers in psychology, held awareness events on campus in relation to the field of psychology and hosting movie/discussion nights on campus.

ADDITIONAL TRAINING:

July 2023- Certified Youth Mental Health Specialist (CYMHS)

PESI, Eau Claire, Wisconsin

* Attended a 2 day, 16 hour, certification seminar

August 2019- Recognizing Tardive Dyskinesia

Sinnissippi Centers, Inc. Dixon, Illinois

*Attended a 2-hour training seminar reviewing clinical recognition of Tardive Dyskinesia and using the AIMS assessment form as a guide.

Trainer: Autumn Roque, DNP, APRN, PMHNP-BC

August 2019- Illinois Medicaid Comprehensive Assessment of Needs and Strengths (IM+CANS) Certification

School of Social Work at the University of Illinois Urbana-Champaign, Illinois

*Attended a 6-hour training seminar for completing and reviewing clinical use of the IM+CANS and ACEs as an assessment device in clinical settings.

Trainer: Mary Maurer, Assistant Dean for Field Education, University of Illinois School of Social Work

September 2018- Online Task Analysis Certification

Training Resource Network, St. Augustine, Florida

March 2018-Child Care University

University of Illinois Extension, Sterling, Illinois

* Music Therapy and Sensory Regulation

* Play! Why is Play an Important Part of Early Childhood Development

* ABC's- Autism Basics, Challenges & Strategies