

This program prepares students to transfer to four-year institutions to pursue a bachelor's degree in kinesiology or physical education.

The kinesiology major is a broad-based degree that prepares individuals to work in a variety of health, wellness and sport performance settings. The undergraduate curriculum can also prepare students for graduate school in exercise physiology, physical therapy, sport and exercise psychology, and sport management.

To teach physical education in Illinois public schools (grades K-12), teachers must be licensed by the State of Illinois. Community college students are strongly encouraged to complete an Associate in Arts degree prior to transfer. Since admission is competitive, completion of the recommended course does not guarantee admission. A minimum grade point average of 2.5 (on a 4.0 scale), dependent on the transfer school requirements are usually required for program admission.

Information regarding Illinois standards for Professional Educator License is available on the Illinois State Board of Education Website at [www.isbe.net](http://www.isbe.net).

**General education and major field requirements vary significantly by intended transfer institution. Students who have already chosen the university to which they plan to transfer should consult that institution's catalog or department advisor and an SVCC academic advisor in planning their program. Transfer guides for some universities are available at [svcc.edu/transfer](http://svcc.edu/transfer).**

### **Criminal History Check Policy**

Illinois law requires Illinois school boards to conduct a criminal background investigation on applicants for employment in education. This law also prohibits the employment of a person who has been convicted of committing or attempting to commit any one or more of a number of offenses. At present, offenses include first degree murder; any Class X felony; juvenile pimping; soliciting for a juvenile prostitute; exploitation of a child; obscenity; child pornography; harmful material; criminal sexual assault; aggravated criminal sexual assault; offenses set forth in the Cannabis Control Act; and crimes defined in the Illinois Controlled Substance Act. Employment must be denied whether the offenses and/or conviction occurred inside or outside the state of Illinois.

Students who perform classroom observations through coursework at Sauk Valley Community College may be required by the selected school/site to undergo a criminal background check prior to placement. Students may be denied at any observation site based on the results of that check.

Students who feel their criminal background may exclude them from observation or employment should seek counseling with SVCC faculty or advising staff early in their program to determine how it may affect their participation and eligibility.

### **Program Contacts at Sauk Valley Community College**

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- Academic Advising, 815-835-6354

## **Total Hours Required - 64-65 Hours**

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### **Suggested Program**

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#### **First Semester - 17-18 Hours**

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- \*Math 3-4 Semester hour(s)
- BIO 120 - Environmental Health (3 Semester Hours)
- CHE 103 - Introduction to Chemistry (4 Semester Hours)
- ENG 101 - Composition I (3 Semester Hours)
- FYE 101 - First Year Experience (1 Semester Hours)
- PSY 103 - Introduction to Psychology (3 Semester Hours)

#### **Second Semester - 17 Hours**

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- Fine Arts 3 Semester hour(s)

- BIO 105 - Principles of Biology (5 Semester Hours)
- ENG 103 - Composition II (3 Semester Hours)
- PSC 163 - Am Government & Politics (3 Semester Hours)
- PED 214 - Intro to Physical Education (3 Semester Hours)

### **Third Semester - 14 Hours**

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- Humanities 3 Semester hour(s)
- PED Activity 1 Semester hour(s)
- BIO 109 - Human Anatomy & Physiology I (4 Semester Hours)
- COM 131 - Intro to Oral Communication (3 Semester Hours)
- HIS 221 - American History to 1865 (3 Semester Hours)

**OR**

HIS 222 - American History Since 1865 (3 Semester Hours)

### **Fourth Semester - 16 Hours**

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- Major Field/Electives 3 Semester hour(s)
- PED activity 1 Semester hour
- Humanities/Fine Arts 3 Semester hour(s)
- BIO 110 - Human Anatomy & Physiology II (4 Semester Hours)
- PSY 200 - Human Growth & Development (3 Semester Hours)

**OR**

\*\*EDU ELECTIVE 3 SEMESTER HOUR(S)

- PED 213 - First Aid (2 Semester Hours)

### **Footnotes**

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- \*Transfer institution will determine most appropriate mathematics course(s).
- \*\*Select from EDU 105, 210, 220, 224, 275.