

Academic Programs

Associate in Arts Degree with a Concentration in Kinesiology and Physical Education (691)

The concentration in Kinesiology and Physical Education prepares students to transfer to four-year universities to pursue a bachelor's degree in kinesiology or physical education teacher education.

Transfer Consideration

Students who have already chosen the university to which they plan to transfer should consult that institution's catalog or department advisor and an SVCC academic advisor in planning their program.

1. The kinesiology major studies human movement. It is a broad-based degree that prepares individuals to work in a variety of health, wellness and sport performance settings. The undergraduate curriculum can also prepare students for graduate school in exercise physiology, physical therapy, sport and exercise psychology, and sport management.
2. The physical education major leads to professional educator license with K-12 endorsement in the state of Illinois. To teach in Illinois public schools, teachers must be licensed by the state of Illinois. Information regarding Illinois standards for Professional Educator license is available on the Illinois Board of Education Website at www.isbe.net. Per Illinois law, a criminal background investigation will be required on applicants for employment. Students who have questions about this law should seek counseling with SVCC faculty or advising staff early in their program to determine if specific criminal background convictions may have an effect on their participation and eligibility.
3. Strong science coursework is extremely critical for kinesiology and physical education majors. Completion of human anatomy and physiology (BIO 109 and BIO 110) is highly recommended prior to transfer.

Competitive Admissions

Since admission is competitive, completing the recommended courses does not by itself guarantee admission.

For physical education teacher education:

1. A minimum grade point average of 2.5 (on a 4.0 scale), dependent on the transfer school requirements, is required for program admission.
2. Students will also need to achieve a C or better grade in general education and major coursework.

Special Considerations

For physical education, additional teaching endorsements are often recommended (for example health, drivers education, dance)

Program Contacts at Sauk Valley Community College

- Academic Advising, 815-835-6354

Minimum Total Credit Hours - 64-65 Hours

Suggested Program

First Semester - 17-18 Hours

- *Math 3-4 Semester hour(s)
- **SUGGESTED in first semester
- BIO120 - Environmental Health (3 Semester Hours)
- CHE103 - Introduction to Chemistry (4 Semester Hours)

- ENG101 - Composition I (3 Semester Hours)
- FYE101 - First Year Experience (1 Semester Hours)
- PSY103 - Introduction to Psychology (3 Semester Hours)

Second Semester - 17 Hours

- Fine Arts 3 Semester hour(s)
- BIO105 - Principles of Biology (5 Semester Hours)
- ENG103 - Composition II (3 Semester Hours)
- PSC163 - Am Government & Politics (3 Semester Hours)
- PED214 - Intro to Physical Education (3 Semester Hours)

Third Semester - 14 Hours

- Humanities 3 Semester hour(s)
- PED Activity 1 Semester hour(s)
- BIO109 - Human Anatomy & Physiology I (4 Semester Hours)
- COM131 - Intro to Oral Communication (3 Semester Hours)
- HIS221 - American History to 1865 (3 Semester Hours)

OR

HIS222 - American History Since 1865 (3 Semester Hours)

Fourth Semester - 16 Hours

- Major Field/Electives 3 Semester hour(s)
- PED activity 1 Semester hour
- Humanities/Fine Arts 3 Semester hour(s)
- BIO110 - Human Anatomy & Physiology II (4 Semester Hours)
- PSY200 - Human Growth & Development (3 Semester Hours)

OR

***EDU ELECTIVE 3 SEMESTER HOUR(S)

- PED213 - First Aid (2 Semester Hours)

Footnotes

- *Transfer institution will determine most appropriate mathematics course(s).
- ** EDU 105 (2 Semester Hours) is suggested in the first semester for students pursuing teacher education.
- ***Select from EDU 105, 210, 220, 224, 275.